

An Overview

Doing the Work of Healing

Something triggers an **Emotional Reaction**

Bring reason to our emotions to discover the cause

Come out of **Blame** and being a **Victim**

Take responsibility for seeing cause and effect in you

Pray & Meditate to see the truth

Use mature ego to connect with Higher Self

Find the **Image**

Clearly express the statement of the belief

Release **Residual Pain**

Feel the pain of unmet needs

Find the **Duality**

See the misconception and open to seeing reality

Feel and unwind the **Forcing Current**

Or find the collapse into hopelessness

Recognize **Faults**

Reveal the triad of pride, fear and self-will

Connect with **Negative Pleasure**

Discover the pleasure in being destructive

Transform **Negative Intention**

Find where you need to give

Search for a **No-Current**

Find faulty thinking that undermines fulfillment

Uncover **Real Needs**

Pray and meditate to connect with your longing

Impress soul substance with **New Awareness**

Re-educate the inner child with the truth

Pray for **Healing**

Divine energy fills and heals the wound

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